

COUNSELORS:

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Clinical Laboratory Technologists and Technicians

Clinical laboratory testing plays a role in the detection, diagnosis, and treatment of disease. Clinical laboratory personnel examine and analyze body fluids, and cells. They look for bacteria, parasites, and other microorganisms; analyze the chemical content of fluids; match blood for transfusions; and test for drug levels in the blood that show how a patient is responding to treatment. **Technologists** also prepare specimens for examination, count cells, and look for abnormal cells in blood and body fluids. They use microscopes, cell counters, and other sophisticated laboratory equipment. They also use automated equipment and computerized instruments capable of performing a number of tests simultaneously. After testing and examining a specimen, they analyze the results and relay them to physicians.

With increasing automation and the use of computer technology, the work of **technologists** and **technicians** has become less hands-on and more analytical. The complexity of tests performed, the level of judgment needed, and the amount of responsibility workers assume depend largely on the amount of education and experience they have. **Clinical laboratory technologists** usually do more complex tasks than **clinical laboratory technicians** do.

Clinical laboratory technologists perform complex chemical, biological, hematological, immunologic, microscopic, and bacteriological tests. **Technologists** microscopically examine blood and other body fluids. They make cultures of body fluid and tissue samples, to determine the presence of bacteria, fungi, parasites, or other microorganisms. **Technologists** analyze samples for chemical content or a chemical reaction and determine concentrations of compounds such as blood glucose and cholesterol levels. They also type and cross match blood samples for transfusions.

Clinical laboratory technologists evaluate test results, develop and modify procedures, and establish and monitor programs, to ensure the accuracy of tests. Some **technologists** supervise **clinical laboratory technicians**.

Technologists in small laboratories perform many types of tests, whereas those in large laboratories generally specialize. **Clinical chemistry technologists**, for example, prepare specimens and analyze the chemical and hormonal contents of body fluids. Microbiology technologists examine and identify bacteria and other microorganisms. **Blood bank technologists**, collect, type, and prepare blood and its components for transfusions. Immunology technologists examine elements of the human immune system and its response to foreign bodies. **Cytotechnologists** prepare slides of body cells and examine these cells microscopically for abnormalities that may signal the beginning of a cancerous growth. **Molecular biology technologists** perform complex protein and nucleic acid testing on cell samples.

Training, Qualifications, and Advancement

Clinical laboratory technologists generally require a bachelor's degree in medical technology or in one of the life sciences; **clinical laboratory technicians** usually need an associate degree or a certificate.

Bachelor's degree programs in medical technology include courses in chemistry, biological sciences, microbiology, mathematics, and statistics, as well as specialized courses devoted to knowledge and skills used in the clinical laboratory.

Medical and clinical laboratory technicians generally have either an associate degree from a community or junior college or a certificate from a hospital, a vocational or technical school, or the Armed Forces. Some States require laboratory personnel to be licensed or registered. Licensure of technologists often requires a bachelor's degree and the passing of an exam, but requirements vary by State and specialty. (For more in depth information log onto <http://www.bls.gov/oco/> **Occupational Outlook Handbook**, 2010-11)

Careerline

REMINDERS

SENIOR Reminders for DECEMBER

- ✓ Last minute SAT takers... Sign up to take your senior SATs. Applications are available in guidance or complete them online at www.collegeboard.com.
- ✓ If you have been accepted to a college or trade and technical school, bring your **acceptance letter** into guidance. A copy will be placed in your academic folder.
- ✓ APPLY to college NOW!! Colleges are filling up their rosters.
- ✓ **Seniors, please remember to plan ahead with your applications. Complete applications early to meet January deadlines. Do not hand teachers and guidance staff college admission forms to fill out as you wish them a "Happy Holiday." Last call for applications/transcripts to be sent out BEFORE the holiday is December 16th.**
- ✓ Lots of high school alumni are floating around this time of year. Talk to them about their college experiences.
- ✓ See your guidance counselor about taking a CLEP (College Level Examination Program) test. Earn college credit for what you know.
- ✓ Obtain a pin number for Free Application for Student Financial Aid (FAFSA). You can do this on line by visiting www.fafsa.ed.gov.
- ✓ Obtain any other financial aid forms that may be required by the schools to which you are applying.
- ✓ Register on fastweb.com for a free scholarship search.
- ✓ If you plan a career in the military, meet with a recruiter to review enlistment needs.
- ✓ Male students turning 18 are required to register with the Selective Service. Register online at www.sss.gov.
- ✓ If you want to participate in Division I or Division II sports in college, start the certification process. NCAA applications are available in guidance.

December

JUNIOR Reminders

- ✓ PSAT scores will be returned to students before the Christmas break.
- ✓ Your time to register for the SAT is coming. Counselors will be in the classes after the Christmas Break to explain registration.
- ✓ Volunteer for activities that matter to you and reflect your personality. Volunteering looks great on a college application and adds to your quality of life.
- ✓ If you are interested in one of the military academies, start to talk to your guidance counselor now.

SOPHOMORE Reminders

- ✓ PSAT scores will be returned to students before the Christmas break.
- ✓ Get involved in activities outside the classroom. Work towards leadership positions in the activities that you like best. Become involved in community service and other volunteer activities.

FRESHMAN reminders

- ✓ Get involved with extracurricular activities.
- ✓ Need help with your classes? Tutoring is available during the day and after school. See Mr. Fitzsimmons.

ALL Students:

- ✓ The publication SCHOLARSHIPS AND OPPORTUNITIES is available from September to April. This listing includes information on scholarships, jobs, volunteer work, prep programs, summer opportunities, and guidance services. You can find Scholarships and Opportunities on the Western Wayne Website.
- ✓ Check your SchoolBook account for an update on your grades and to check on your assignments. See Mrs. Marquette in the guidance office if you are having trouble logging on.
- ✓ Working papers are available in guidance office. See Mrs. Marquette.

December



Where to turn for help

Helping People and Communities www.trehab.org



The TREHAB Community Action Agency acts as both a service provider and an advocate for the poor, unemployed, and underemployed, the elderly, and other groups at risk. TREHAB serves six rural counties in Northeastern Pennsylvania. There are branches in Bradford, Sullivan, Susquehanna, Tioga, Wayne, and Wyoming Counties. The Wayne TREHAB is located at 100 4th Street, Suite 20, Honesdale, PA or call (570) 253-8941 or **1-888-524-2107**. Some of the *Community* services include the following:

Emergency & Housing Services - Housing Services

- Provides housing-related counseling, landlord-tenant mediation, housing relocation assistance, rental assistance, utility assistance and emergency shelter.
- Emergency Food & Shelter Program
- Homeless Assistance Program
- Wayne County Emergency Fund

Utility Mediation

- Provides utility assistance and/or mediation to assist payment-troubled customers. Intensive follow-up and referral services are provided.

Chore Services

- Provides minor home repairs to enable handicapped and/or senior citizens to remain independent; also repair and installation of measure to reduce energy costs. (This includes environmental modifications for elderly persons under the PDA Waiver Program.)

Case Management

- Provides intensive casework assisting clients in multiple service situations in an effort to achieve self-sufficiency. This includes developing a plan and budget help to establish self sufficiency.

Mortgage Foreclosure Assistance

- Provides packaging of PA Housing Finance Agency (PHFA) Emergency Mortgage Assistance Program for persons facing foreclosure on home mortgage due to adverse economic circumstances.

Outreach and Referral

- Intensive outreach and referral to assist clients in linkage with other services.



Did you know that by shopping at Amazon.com you can help the county-wide system of libraries at no extra cost to you?

Buy a present for someone, buy a book for yourself, buy electronics or movies or anything at Amazon.com and 5% or more comes back to Wayne County Libraries. The only thing you have to do is start shopping at www.waynelibraries.org each time. If you go to the website first, and then scroll down to the Amazon box on the lower left, enter an item to search for, shop and pay, the library will get credit for the purchase. When you are ready to finish your purchase, just go to the library website first.

HOTLINE TO REPORT UNDERAGE DRINKING

Put a stop to underage drinking, before it starts and before it leads to tragedy. Someone always knows about an underage drinking party. Callers to **888-UNDER-21** can report underage drinking parties that are planned or in progress. You can also report establishments that are selling or serving alcohol to those under 21 and people who are manufacturing and selling false identification.

Career Cruising



Career Cruising is an Internet-based career exploration and planning tool used to explore career and college options and develop a career plan. Career Cruising can be accessed from school, from home, or wherever you have access to the Internet. Log onto www.careercruising.com, enter the User name *wwhs* and the password *wildcats*. This will give you access to the most of the features in the program. If you want to save items to your portfolio you need to use the user name and password given to you in class. If you lost it, just come to guidance and we will re-issue it to you.

Email Most students in grades 9, 10, 11 and 12 have opened up their “portfolio”. If you entered your email address you will be receiving announcements from the guidance department “Wildcat Whiskers”. The emails may be reminders or announcements. So don’t forget to check your email. If you forgot or lost your user name and password for your portfolio, just stop in guidance and get the information.

Single Sign-In

Students with portfolio accounts can now log in to Career Cruising and their portfolio directly from www.careercruising.com with their personal portfolio username and password. This new single sign-in eliminates the two-step login process and it means students only need to remember their portfolio username and password to access Career Cruising.

Military Careers

If you are interested in a career with the Army, Air Force, Navy, Marine Corps, or Coast Guard, you can find the information you need in Career Cruising’s Military Careers section. Military careers are searchable by keyword, job family, or service branch. Each profile includes an overview of the job tasks and work environment, attributes and training requirements, a description of civilian career counterparts, a list of the military branches offering that occupation, and links to related profiles in Career Cruising. (There are also links to related military profiles in the Related Careers section of some occupation profiles.)

School Selector

You can use **School Selector** to find schools that match your requirements and goals. There are three different **School Selectors** to choose from: one for undergraduate schools, one for career and technical schools, and one for graduate schools.

Career Cruising offers:

- **Interest and Skills Assessment:** a world-renowned career assessment tool to help people identify suitable career options based on their interests and skills
- **Career Profiles:** thorough and up-to-date information about hundreds of different occupations, including direct links between careers and related college programs
- **Multimedia Interviews:** interviews with real people in each occupation, which add depth and realism to career profiles
- **College and Financial Aid Information:** comprehensive college and financial aid information, with a number of useful search tools to help you find the right college and the right scholarships.
- **Electronic Career Portfolio:** available online, so you can develop your education and career plans from wherever you access Career Cruising
- **Resume Builder:** integrated with the portfolio to help you format and print professional-looking resumes quickly and easily.

After choosing the appropriate **School Selector**, you can then narrow down your search by indicating your preferences for a variety of criteria, including location, tuition, and type of program, among others. The criteria available to you depend on which **School Selector** option you choose. Navigate the tool sequentially by using the Next and Back buttons, or click on any of the search criteria listed in the left-hand navigation menu to jump to specific criteria. At any time, you can click the View Results button to see your current results.

When you have finished choosing your criteria, the **School Selector** will display a list of schools that match your preferences. Using the purple tabs above the results, you can also find a list of close matches, review the search criteria you’ve used, or compare other schools to your search criteria. To start a new session and to clear previous search criteria, click on the Start Over button. You can also revise sections of the School Selector by returning to the specific criteria on the left-hand navigation menu.

School Selector results can also be saved to your portfolio by clicking on the gray “Save To My Portfolio” button.

Please Note: Parents can access Career Cruising with their school’s username (WWHS) and password (Wildcats). You need your child’s user name and password to access their portfolio.

Log onto www.careercruising.com

User name: wwhs Password: wildcats



Money Matters



FAFSA FORM – Apply for a PIN Number

We recommend that students and parents request a personal identification number (PIN) before applying for aid. The PIN can be used to electronically sign your FAFSA application, dramatically decreasing the processing time. You can also use your PIN to make online corrections to your FAFSA, access your Student Aid Report, sign the master promissory note for a federal student loan and access your federal student aid records online including your student loan history information on National Student Loan Data System (NSLDS).

FAFSA4caster

If you want to begin exploring your financial aid options and get an early start on the financial aid process, FAFSA4caster is for you! By using FAFSA4caster, you and your family will receive an early estimate of eligibility for federal student aid. When you're ready to apply for aid, much of the information that you enter in the FAFSA4caster will populate your FAFSA on the Web application, making the experience of applying for federal student aid a lot easier.

Overview of the FAFSA

Applying for financial aid, and specifically completing the FAFSA, requires some basis essentials.

- Go to the correct WEBSITE. www.fafsa.gov
- Select the correct application year for the FAFSA form
- Use the proper person's information
- Use the correct social security number!
- Use the correct year's income
- Use the correct PIN numbers. Both the student and parent need a PIN number
- Answer the questions
- The FAFSA always requires applicants to use PRIOR YEAR income
- Have tax returns and W-2 forms handy to easily answer income questions
- Read the instructions that accompany each item.
- Answer each question presented. Do not leave any blanks. If zero, enter zero.
- Carefully review untaxed income, such as tax deferred pension plans.
- Assets are reported as of the day the FAFSA is filed-not the prior year
- Be sure to distinguish between parental assets and student assets
- 529 Plans are reported as parental assets even if owned by the student
- Do not report the value of the primary residence, retirement, or life insurance
- Do not report a family farm if the family is living on a farm
- Do not report a small business if it employs fewer than 100 people

HELP WITH THE FAFSA FORM

FAFSA on the Web - Live Help

Live Help is a secure online chat session where you can ask our customer service representatives a question.

FAFSA on the Web Live Help is available Monday through Friday 8 a.m. - 11:59 p.m. (Eastern Time). Saturdays: 9 a.m. - 6 p.m. (Eastern Time). Live Help is not available on Sundays and federal holidays.

E-MAIL

E-mail - FederalStudentAidCustomerService@ed.gov

You can e-mail anytime. Response is within one day, except for Sundays and federal holidays.

TELEPHONE

Call 1-800-4-FED-AID (1-800-433-3243) or 319-337-5665.

If you are hearing impaired, call the TTY line at 1-800-730-8913.

Call lines are open Monday through Friday 8 a.m. - 11:59 p.m. (Eastern Time). Saturdays: 9 a.m. - 6 p.m. (Eastern Time). Customer service representatives are not available on Sundays and federal holidays. You can use the automated telephone services to get recorded information and conduct some business 24 hours a day.

COLLEGE & TRAINING INFORMATION



West Chester University

West Chester University, in conjunction with Bryn Mawr Hospital, offers a Bachelor of Science degree in Respiratory Care. Students are afforded the opportunity to enter the health care field as Respiratory Care Professionals through the unique partnership of an institution of higher learning and a teaching hospital. Respiratory Care Professionals work to evaluate, treat, and care for patients with breathing disorders. They include those patients who have been born prematurely and whose lungs are not fully developed, patients who have lung disease, and those requiring assistance from life support technology. Log onto www.wcupa.edu for more information.



LUZERNE COUNTY COMMUNITY COLLEGE offers an Associate in Applied Science degree in Aviation - Aerospace/Aviation Management

The curriculum prepares students with Basic Aviation Industry knowledge as well as specific business skills. The major areas of coursework are Airport Management, Air Carrier Operations, Commuter Airline Operations, Airport Fixed-Base Operations (FBO), Commuter Airlines Operations, and Aviation-related Government Agencies. The Aerospace/Aviation Management curriculum offers the student the opportunity to secure management positions in various functions such as Air Freight/Cargo, Flight Dispatcher, and Passenger Service Agent Manager. Log onto www.luzerne.edu for more information.

PENN COLLEGE OF TECHNOLOGY offers a Bachelor Degree in Information Technology Sciences - Gaming and Simulation

The Gaming and Simulation degree exposes students to the core skills that allow graduates to design and create applications for a range of existing and emerging fields, such as commerce, entertainment, education, training, emergency management, recruitment, and health sciences. The curriculum gives students a well-rounded knowledge in gaming and simulation design and programming, as well as knowledge in mathematics, physics, sciences, IT security, networking, Web applications, databases, communication, and liberal arts.

Career Opportunities

The Gaming and Simulation major prepares students for careers in computer game design, computer game programming, software application development, programming analyst, and system administration.

Recommended High School Subjects

Students entering the bachelor's degree in Information Technology Sciences directly from high school should have a strong background in English, mathematics (college algebra and trig ready), and sciences. Familiarity with computer programming, hardware, and software eases the transition. Gaming and simulation students will benefit from having physics in their high school curriculum. Log onto www.pct.edu for more information.

Website

Pennsylvania's Education Department has launched a new website to make college transfers much easier. Students can use the Pennsylvania Transfer and Articulation Center to search for transferable courses and get detailed instructions on how to transfer. Thirty-two schools are participating in the system, including Pennsylvania's 14 community colleges and state-owned universities. The system was created under a state law establishing a statewide credit-transfer system. Log onto www.patrac.org for more information.



Everything but the Kitchen Sink...

COOL WEBSITES



<http://hscounselorweek.com/>

This online newsletter has top stories each week and e-mails them to you. It's intended for high school guidance counselors, but parents and students are welcome to join, and it's free.

<http://ope.ed.gov/security/>

The federal government collects campus crime statistics. It is the most cohesive source for campus crime data available today.

www.meritaid.com

Merit aid is available to all students regardless of income. This Web site lists all of the merit aid opportunities in the US and allows you to search by college or special talent area.

Extracurriculars...What are the benefits?

There are many benefits to being involved in extracurricular activities, but students need to remember to balance these activities with their classroom responsibilities. With that in mind, students can benefit from after-school activities by the following:

- ◆ **Friends.** A club, team, or group is a great way to find friends.
- ◆ **College.** An activity shows admissions officers and employers that you are well-rounded and responsible.
- ◆ **Creativity.** After-school activities can provide an outlet for creativity and problem-solving.
- ◆ **Teamwork and Respect.** Teamwork is an important life skill both in home life and at work.
- ◆ **Time Management.** Participating in one or more activities can teach you how to manage school, homework, family life, and after-school activities as well and learn the importance of priorities and planning.
- ◆ **Self-Confidence.** Participation in an activity can make a big difference in self-esteem.
- ◆ **Stress Relief.** Activities can provide a source of stress relief.
- ◆ **Real-World Skills.** Many extracurricular activities can teach real-world skills, which can lead to lifelong interests, even careers.
- ◆ **Avoiding Risky Behaviors.** Students in after-school programs show that they have greater expectations for the future and were more interested in school than their peers. Students who spend no time in extracurricular activities, such as those offered in after-school programs, are 49 percent more likely to have used drugs and 37 percent more likely to become teen parents than are those students who spend one to four hours per week in extracurricular activities. The peak hours for juvenile crime and juveniles becoming a victim of violence are between 3 and 6 p.m. Lack of supervision, idle time, or boredom tends to lead youth in the direction of bad behavior. (<http://middleearthnj.wordpress.com>).

Western Wayne High School has many extracurricular activities.
The listing of clubs and sports are listed on the Western Wayne website.

Fee waivers are available for the SAT and ACT test. Students who receive free or reduced lunch may qualify. See your guidance counselor for details.

2011-12 SAT and ACT Test Dates

SAT Test

Test Fee - \$49 Register online at www.sat.collegeboard.com

Test Date	Oct 1 2011	Nov 5 2011	Dec 3 2011	Jan 28 2012	Mar 10 2012	May 5 2012	Jun 2 2012
Regular registration deadline:	Sept 9	Oct 7	Nov 8	Dec 30	Feb 10	April 6	May 8
Late registration deadline (\$ 26 additional fee)	Sept 21	Oct 21	Nov 20	Jan 13	Feb 24	April 20	May 22

ACT Test

Test Fee - \$33 (no writing)

Test with Optional Writing Test - \$48

Register online at www.act.org

Test Date	Sept 10 2011 Given at Western Wayne	Oct 22 2011	Dec 10 2011	Feb 11 2012	April 14 2012	June 9 2012
Regular registration deadline	Aug 12	Sept 16	Nov 4	Jan 13	March 9	May 4
Late registration deadline (\$ 21 additional fee)	Aug 26	Sept 30	Nov 18	Jan 20	March 23	May 18

Western Wayne's Procedures for Submitting College Applications

1. ALL APPLICATIONS must be brought to the Guidance Office ONE WEEK before the specific college deadline. The Guidance Department will not guarantee meeting college deadlines for applications that are submitted to the Guidance Office late.
2. The entire completed college application packet should be brought to Guidance. This includes the student application, essays, letters of recommendation, Secondary School Report and application fee. Students applying to a college directly **online** should notify their guidance counselor.
3. Some college/universities will waive the applications fee if you visit their campus. Other colleges/universities have free online college applications. Students having financial difficulties covering the application fee should see their guidance counselor.
4. Seniors should give their completed applications to their Guidance Counselor. At this time they must complete an official Western Wayne **TRANSCRIPT REQUEST** form giving permission to send the transcript and test scores. Students submitting their applications **online** need to have their transcripts sent out and must complete the **TRANSCRIPT REQUEST** also. Applications are not considered complete without your transcript. **TRANSCRIPT REQUEST** forms are available on the Western Wayne website (under guidance).

TRANSCRIPT REQUEST FORMS - Western Wayne Website

Click on **SCHOOLS**

Click on **Western Wayne High School**

Click on **Guidance**

Click on **TRANSCRIPT REQUEST FORM**

Complete the form

The first request is FREE. All subsequent requests are \$5.00. Bring the check, money order, or cash to Mrs. Lombardi in the guidance office. Your transcript will be sent certified.

5. Your transcript includes your SAT and ACT scores. Check to make sure guidance has your most up-to-date scores. A few colleges require that you have your SAT/ACT sent directly from the College Board/ACT program (Penn State is one). It is your responsibility to have the scores sent. Questions? See your guidance counselor.

6. Checks or money orders for the college application fee should be attached to the top of the first page of the application unless you are paying online. Checks and money orders must be made out to the college you are applying to. **DO NOT** pay for college application fees with cash!

7. Your counselor will review the application package, complete Secondary School information requested, sign where requested and return it to the Guidance Assistant to be mailed.

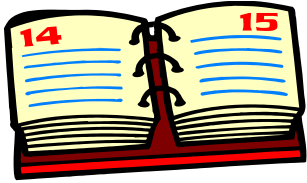
8. Students requesting Counselor Letters of Recommendation must request the letter at least **TWO WEEKS** in advance.

9. In most instances **Early Decision** applications should be submitted around November 1st. This can vary so watch your dates! Regular Decision applications should be submitted as soon as possible. If you are uncertain about application deadlines see your guidance counselor.

10. **Midyear grades** will be sent to colleges that require them. It is the student's responsibility to notify the guidance office about sending out midyear grades.

11. Final transcripts will be sent to the college that the student will attend. **FINAL TRANSCRIPT REQUESTS** will be given to seniors at the end of the school year. *Remember, college admissions representatives review all senior year grades very carefully.*

12. Students and parents are encouraged to contact their Guidance Counselor with any questions or concerns.



Dates to Remember

December 16	High School Christmas Concert 7:00 p.m.
December 22	1:00 Dismissal
January 3	Schools reopen
January	Scheduling Begins
January 19 and 20	4Sight Testing
January 16	Teacher in Service Early Dismissal 12:00



Make A Difference

The Western Wayne Guidance Department will sponsor their annual **MAKE a DIFFERENCE** program in December. We will be collecting hats, mittens, scarves, socks, kitchen towels, and hot pads. All donations will be given to families in our community. Donations can be dropped off at the high school guidance office until December 16th. Thanks for **Making a Difference!**



Little Angels Toy Drive

The National Honor Society and SADD's Little Angels Toy Drive provide gifts to children (newborn to 12 years old) in families in the district who are having financial difficulties. Donation boxes are set up in the high school. Toys and monetary gifts will be accepted.

Scheduling 2012-13

Scheduling will start mid-January for the 2012-13 school year; this is an important process. Students will meet with their guidance counselor to discuss possible course selections and given the new curriculum guide and a course selection sheet. Students selecting courses for next year need to take course work that meets graduation requirements along with meeting their needs for career and college.

EMAIL

When emailing staff, teachers, counselors, and administrators use your WESTERN WAYNE email. Do not use your personal email.

*Need help with College Applications? Application Essays? Resumes? Scholarship searches or applications?
Sign up for "Open Sessions" and work on any of those items.*

Sign-ups for the **College Application Open Sessions** are available in guidance. Students **MUST** sign up ahead of time. Present your pass to your teacher and report to the room on the pass for the period you requested.